

24hrs of Prayer



Emmanuel 24 hours of Prayer

Gather

Listen

Intercede

“My sheep listen to my voice, I know them, and they follow me.” 1 John 10:27

This is a snapshot of some of the prayer activities we are using during our 24 hours. We hope that you will be able to use some at home.

Looking back with thanks

O LORD my God, you have performed many wonders for us.

Your plans for us are too numerous to list.

You have no equal. If I tried to recite all your wonderful deeds, I would never come to the end of them. Ps 40:5

We have prayed in many ways for many different things. Think back over the year.

Spend some time thanking God for prayers He has answered for you, for our community and the wider world.

Below are a few things we have prayed for together:

Mayhem Rendezvous Satellites Reconnect Prayer Network Alpha.
Story Time. CYE Bereavement Journey

Response: Write prayers of thanks to share

Adoration. Hallowed be your name

Come, let us tell of the Lord's greatness; let us exalt his name together. Psalm 34:3

Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead. 1 Peter 1:3

Adoration prayers focus on praising the Lord, expressing our love, devotion, and wonder for who He is.

Wonderful. Compassionate Kind Mighty. Saviour Deliverer Merciful
Holy Worthy Gracious Provider

Response: Write your prayers of adoration

Confession

Come now, let us settle the matter,” says the Lord. Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool. Isaiah 1: 18

As far as the east is from the west, So far has He removed our transgressions from us. Psalm 103: 12

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1: 9

Response: Choose one of the verses and reflect on it

- Does it bring to mind anything that you would like to confess to God?
- If so, write it on a white card in red pen
- Confess it to God
- Wash it off
- Hold the clean card, read the verses
- Thank God for His promise that he forgives us and removes our sin. Celebrate the freedom!

Listen to God

“My sheep listen to my voice; I know them, and they follow me.” John 10:27

Prayer is a two-way conversation with the Lord. He loves to hear us and to speak to us. Sometimes, it can feel easier to spend our prayer time talking to the Lord, rather than listening to what He might be saying to us.

Response

The Lord speaks to us in many ways: through the bible, nature, music, words, feelings, pictures. We want to learn to listen to what He might want to say.

Listen – What is the Lord saying?

- Pick up one of the verses or use your own choice of verse.
- Read it a few times.
- Pray – Come Holy Spirit, speak to me through these words.
- Sit with the verse for at least 10 mins.
- Consider:
 - Lord, what are you saying to Emmanuel?
 - Lord what are you saying to me?
- As thoughts come to your mind ponder them, you may choose to write them down.
- Pray - Use these to form a prayer to share.
- Write it on a card and stick on the pinboard.

Do not be anxious about anything, but in everything by prayer and petition, with thanksgiving, present your requests to God. Philippians 4: 6

How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are! 1 John 3: 1

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. Romans 15: 13

For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you a hope and a future. Jeremiah 29: 11

Fear not for I have redeemed you; I have called you by name you are mine. Is 43: 1

Trust in the Lord with all your heart and lean not on your own understanding; In all your ways acknowledge Him and He will make your paths straight. Proverbs 3: 5-6

Have I not commanded you? Be bold and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go. Joshua 1: 9

This is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God. Phil 1:9-11

Persistence in prayer

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. Matthew 7:7

For this activity use a few Lego type bricks or something that will stack.

Choose something from Emmanuel or in your own life that you have been asking God to change for a long time. Pray for it over and over as you build a tower of bricks.

At the cross

If you have a cross you could use this.
Sit or kneel before the cross in humility

Take time to confess things you've done wrong or good things you've left undone, admitting that you need God's help.

Dare to pray big prayers at the foot of the cross that you haven't prayed before, or you stopped praying because you didn't think they'd be answered.

Pray for God to be known in your life and the life of your nation in a completely new way: for his glory to be known in your community and shine out across the world!

Pray for Emmanuel

This is real love—not that we loved God, but that he loved us and sent his Son as a sacrifice to take away our sins. Dear friends, since God loved us that much, we surely ought to love each other. No one has ever seen God. But if we love each other, God lives in us, and his love is brought to full expression in us. 1 John 4:10–12 (NLT)

Praying persistently

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. Matthew 7:7

For this it would be useful to have some Lego type bricks or something that will stack.

- Take something that you have been praying for a while -in your own life, your family, friend, the wider world

- Collect 6 or 7 blocks. Make a tower.

Each time you add a new block pray again for the situation.

- When you are done, read this verse:

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. Romans 15:13

- Knock over the tower, a sign of God heard your prayer.

- Repeat as many times as you want to

- If helpful find someone to pray with you

Persistence in prayer

We believe and trust that the Lord always hears and answers our prayer.
Sometimes we receive an instant answer, the way we had hoped.

Sometimes we have to wait a while for the answer.
Sometimes the answer is “no” and we seemingly don’t get what we pray for.
We are asked to not give up despite challenges or a lack of immediate answers to our prayers. Instead, we keep trusting in God's will, love, and timing, and we persist in prayer.
If helpful, find someone to pray with you for the situation.

Dedication

Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. Rom 12:1

Pray this verse and / or the prayer below for yourself, and the groups at Emmanuel

I give you my hands
To do your work
I give you my feet
to go your way
I give you my eyes
to see as you see
I give you my tongue
to speak your words
I give you my mind that you may think in me
I give you my spirit
that you may pray in me
Above all I give you my heart, that you may love in me your father and all mankind.
I give you my whole self that you may grow in me so that it is all you, Lord Jesus who live
and work and pray in me.
I hand over to your care Lord my soul and body,
my prayers and my hopes, my health my work, my life and my death, my family, my
friends and neighbours,
Today and always, Amen

Adapted from
Lancelot Andrews. 1555 – 1626

Emmanuel activities

Be Together	Bible café	Bumps and Babies
Bring and share lunch		Bereavement journey
Creche	Eco Group	Evening Prayer
Finance Team	Friday Fitness and Fellowship	
Friday Rocks	Gardening Group	
Global Mission Committee		Homegroups
Intercessors	Leadership Team	
Life Groups	Lighthouse	Messy Mondays

Ministry Team	Women's breakfasts	Nexus
Parent's homegroup	Pastoral Oversight Team	
PCC	Persecuted Christians Prayer	
Prayer at the Centre	Prayer Ministry	
Prayer Network	Prayer Taskforce	
Pray for mission partners	Production Team	
Rock Café	Renew Lounge	Rooted
Saturdads	Saturday Prayer Meeting	
SELAM	Sunday Services	Synod
Story time at Renew Lounge	Sunday Youth	
The Rock	Toddlers	Tuesday at 2
Welcome Team	Worship Team	

Pray for Croydon

Response: Choose some of the landmarks of Croydon and pray for what they signify

Pray for the world

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. 2 Chronicles: 7: 14

Response: Look at a map of the world. Add your prayers for:

- Global conflict
- Climate change
- Global poverty

Empowered for mission

Response: Pray for some of our mission partners
 Pray for where you see your mission
 If you prayed for 5 as part of Thy Kingdom Come pray for them.