



During **October** we will be running / hosting a series of events giving thanks for God's creation and focusing on our need to care for it. For more information [click here](#).

Each week we will look at a different aspect of God's creation. **This week – Food.**

Verses and thought for this week:

Genesis Chapter 1

v11 *Then God said, "Let the land produce vegetation; seed bearing plants and trees on the land that bear fruit with seed in it, according to their various kinds."*

v31 *God saw all that he had made, and it was very good.*

We have been given the earth and all it produces to tend and take care of. It was made for us and it was good! Sadly, we are doing much that harms the land which we have been given. Intensive farming can damage the soil meanwhile we pollute the land with our waste.

Across the globe fertile land and habitats are being damaged and lost as a result of climate change. The situation can seem despairing but during this season of creation let's strive for small steps to make a big change.

Ideas and action:

- Do you have a garden or area of land which you can care for, even a few flowerpots? Tend and take care of the soil and land carefully, avoid chemicals and peat based composts when you are gardening. Plant some veg over winter (you should still be able to get seedlings from the garden centre) or some bulbs to bring colour next spring.
- Make compost out of fruit and vegetable peelings, teabags (plastic free of course) and coffee grounds as well as waste from the garden. Then use the compost to put some nutrients back into your soil and reap the benefits in years to come.
- Research a fruit and veg box scheme to help you to buy local and possibly organic produce. Use the recommendations on the Eco Group page on the church website which gives other food suggestions for dairy, meat, zero waste packaging etc..

FINALLY.... Remember to bring harvest donations to church on **Sunday October 3rd** for our **Harvest service!**