

Love-in-a-Mist

Welcome to our reflection for Church without Walls

Here are some ideas of how to use these reflections:

Pray that God will lead your thoughts.

Sit comfortably, take a few deep breaths and relax.

Let your mind wander as you read the reflection. Write down your thoughts in a notebook. If you are busy, try and pick out something to take with you in odd moments during the day.

You may wish to memorise the Bible verse. Write it out and stick it up somewhere.

Bible Verses

*No one has ever seen God; but if we love one another,
God lives in us and his love is made complete in us.*

(1 John 4:12)

Reflection



By our summerhouse we have some love-in-a-mist. Such a beautiful, blue flower. They love space and will bloom much longer if they are given it. For some of us this time has given us more space than usual. Time to reflect. Time for refreshment so that we can bloom. We have seen love in so many places and in different ways. Are you finding this time a blessing?

If you have ever had love-in-a-mist in your garden you will have found that it spreads really well. The seeds are numerous and produce plants in abundance the following year. Can this time of reflection and refreshment enable us to grow seeds in our own spiritual lives that will come to fruition next year? For those of you who have been or are looking after children and finding it stressful, there will be fruit growing in your life and the relationships within your family because of your love.

I often find myself thinking that love-in-a-mist is invasive. I treat it like a weed! Is our Christian love invasive? Do we need to plant our seeds of love with care? Or is it a time to throw the Christian message everywhere in the hope that it lands and grows somewhere? Are we to nurture one plant or sow liberally? It maybe a different answer for each of us.

Sometimes I find the wind has blown the seed to a different place in the garden where I do not want it. Do I leave it or pull it up? Many things happen in our lives that we do not want. We can accept them or spend time pulling them up.

I am drawn to the word "mist". We are living at a time when we cannot see far into the distance of what life will be like in the future. We hope that there will be lessons learnt and improvements made. What do you hope for?

Ahead might be misty, but God's love for us and the love shown to us through people's words, actions and prayers keep us going.

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