

Faithfulness

Welcome to our reflection for Church without Walls

Here are some ideas of how to use these reflections:

Pray that God will lead your thoughts.

Sit comfortably, take a few deep breaths and relax.

Let your mind wander as you read the reflection. Write down your thoughts in a notebook. If you are busy, try and pick out something to take with you in odd moments during the day.

You may wish to memorise the Bible verse. Write it out and stick it up somewhere.

Bible Verses

Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.

Lamentations 3: 22-23

Your faithfulness continues through all generations; you established the earth and it endures.

Psalms 119: 90

Reflection



Spring is bursting forth at the moment, beautifully and relentlessly. Trees are coming into leaf and gardens are filling with flowers. Perhaps this may seem like an encouragement or perhaps even an excess of joy, almost inappropriate, in these troubled and worrying days. Yet, this new life does tell us that there are some things we can rely on: Some things are constant.

The sun rises, spring comes, Christ is Risen! He is risen indeed. Alleluia!

When so many of the patterns and markers that usually regulate our lives have been stripped away, what can we think of that remains certain and will give us strength in uncertain times? You might ask God to help you find those things, If the present

seems wobbly, are there positive experiences and memories from the past which speak of God's faithfulness?

We can create a new and different routine for our days to give them shape and structure. Is there time for something new?

We can be faithful ourselves, supporting and encouraging others, even from a distance. Might you send a card, letter or email to someone – perhaps someone you'd usually see face to face or someone you are in contact with more rarely?

We can thank God for his constant love for us.