

PSALM 119 : 103

DELIGHT AND SUSTENANCE – SWEETER THAN HONEY

BIBLE STUDY



STARTER:

If someone asked you what brings you delight, what would you answer?

Explain



Read Psalm 119 : 103

How sweet are your words to my taste, sweeter than honey to my mouth.

- What do you think has inspired the Psalmist to use such strong language? **Read verses 97 – 104 for more thoughts.**
- Have you ever thought about the words of the Bible as being ‘sweeter than honey’?

What might hold us back from using such a strong description? Where do you think we might seek our ‘sugar fix’ instead?

- What might be needed for us to experience the same sweetness about the words of Scripture? How do you think our lives change when we begin to find God’s words sweet?

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Read Psalm 34 : 8

Taste and see that the Lord is good; blessed is the one who takes refuge in him

- As we reach out into a relationship with the Lord by tasting and seeing, what is the promise that follows? How has this been your experience?
- What would you say to someone who interpreted ‘taste’ as meaning that Christianity can be mixed up as a smorgasbord with other religions and beliefs?
- Thinking about these two verses, how might we see the Bible differently if we consider it as something that delights and sustains us?



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GOING DEEPER

Read 1 Peter 2 : 2-3

- What are the results of tasting in these verses?
- What happens to a baby who is not fed good milk?
- What do you think pure spiritual milk might involve?
- How might we sense that we are growing up in our salvation?



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DELIGHT AND SUSTENANCE – SWEETER THAN HONEY

LISTEN | PRAY

LISTEN

Use this song
as a prayer in your group
(Travis Greene – Taste and See)

<https://www.youtube.com/watch?v=zonXmpQKqCk>



PRAY

Forgive us when we turn away from the Bible and seek our sugar fix elsewhere. Help us to see as we look back over our walk with you that you are faithful in your goodness, and that we can find sustenance when we delight in you.

May we be filled with joy as we find you to be good, and to grow in our salvation as we seek a deeper understanding of you.