

Environmentally-friendly suppliers and service providers

These suppliers and service providers have been identified by members of the Emmanuel community. Web sites and telephone numbers are included where possible. Several of these places have limited opening hours and these vary, so please check before visiting. Some online services have been included, along with web shops for more distant organisations.

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Note

We hope that you find this listing useful. Please tell us if you find anything that disappoints.

If you have any other ideas please send these to vaughan_pomeroy@hotmail.com for inclusion in the next revision.

Organic Foods

	Name	Address	Tel number	web site	Comments	Recommended by
Meat	Tablehurst Farm	Tablehurst Farm, London Raod, Forest Row, RH18 5DP	01342 823173	www.tablehurstfarm.org.uk	Community-owned farm and sister farm to Plaw Hatch, offers café and children's play area, animals to watch. Biodynamic and organic beef, lamb, chicken and pork, seasonal duck, turkey and venison	Vaughan Pomeroy
	Plaw Hatch Farm	PlawHatch Farm, Plawhatch Lane, Sharpethorne, East Grinstead, RH19 4JL	01342 810201	www.plawhatchfarm.co.uk	Community-owned farm and sister farm to Tablehurst, offers café and children's play area, animals to watch. Biodynamic and organic beef, lamb, chicken and pork, seasonal duck, turkey and venison	Vaughan Pomeroy
	Romshed Farm	Romshed Farm, Bank Lane, Underriver, Sevenoaks, TN15 0SD	01732 463372	www.romshedfarm.co.uk	Organic beef, lamb and chicken. Generally sold as half or whole anmla, butchered to your requirements.	Vaughan Pomeroy
Fruit and vegetables	Tablehurst Farm	Tablehurst Farm, London Raod, Forest Row, RH18 5DP	01342 823173	www.tablehurstfarm.org.uk	Wide range, some grown on farm and others locally. Interesting range of spices and herbs.	Vaughan Pomeroy
	Plaw Hatch Farm	PlawHatch Farm, Plawhatch Lane, Sharpethorne, East Grinstead, RH19 4JL	01342 810201	www.plawhatchfarm.co.uk	Wide range, some grown on farm and others locally. Interesting range of spices and herbs.	Vaughan Pomeroy
	Riverford	Wash Farm, Buckfastleigh Devon TQ11 0JU	01803 227227	www.riverford.co.uk	well established veg and fruit box scheme deliverd to your door (Thursdays for South Croydon currently) direct from the farm. UK only boxes available. Minimum packaging. No air freight. Also dairy and meat.	vaughan Pomeroy
	Abel and Cole		03452 626262	www.abelandcole.co.uk	well established fruit and veg box scheme, mostly organic and all non-air freighted. Now delivers a wide range of meat and fish, bakery, household etc.	Jeremy and Jerica Davies, Helen Squires
	Oddbox		0203 318 4987	www.oddbox.co.uk	boxes of odd shaped and surplus fruit and veg direct from the farm	Rebecca Pickering, Helen Lewis-Jones
	Sutton Community Farm		07722 156097	www.suttoncommunityfarm.org.uk	local fruit and veg box scheme with online ordering	Rebecca Pickering
Dairy	Tablehurst Farm	Tablehurst Farm, London Raod, Forest Row, RH18 5DP	01342 823173	www.tablehurstfarm.org.uk	Cheese, raw milk, yoghurt and eggs	Vaughan Pomeroy
	Plaw Hatch Farm	PlawHatch Farm, Plawhatch Lane, Sharpethorne, East Grinstead, RH19 4JL	01342 810201	www.plawhatchfarm.co.uk	Cheese, raw milk, yoghurt and eggs with dairy on site.	Vaughan Pomeroy
	Milk and More		0345 606 3606	https://www.milkandmore.co.uk	Orgnaic milk available, along with a range of groceries, delivered in glass bottles for reduced waste	Helen Squires

Groceries, etc	Name	Address	Phone	Website	Description	Contact
	Noah	Unit 4, South Parade, Stafford Road, Wallington SM6 9MJ	0208 647 1724		Independent supplier of organic and local produce; providing herbal remedies, supplements, natural bodycare & eco household goods.	Vaughan Pomeroy
	Planta	30 Westow Hill, Upper Norwood, SE19 1RX	0208 761 3114	www.planta.co.uk	Principally healthcare and vitamin supplements supplier but a reasonable range of organic foodstuffs, on the triangle by Crystal Palace and parking can be problematic but does mail order	Vaughan Pomeroy
	The Natural Way	10 High Street, Banstead SM7 2LJ	01737 371007	www.thenaturalwaybanstead.co.uk	Really helpful shop with good range of organic food, including fruit, seeds and nuts and flours. Some parking outside, does mail order	Vaughan Pomeroy
	Especially Health	119 High Street, Sevenoaks TN13 1UP	01732 741181		Large range of organic foodstuffs, cereals, nuts, seeds, fruit and flours...and chocolate. Growing range of items sold loose. Local honey and eggs, latter from Fidelity at Romshed. Owned by Planta	vaughan Pomeroy
	Pedricks	41 Croydon Road, Caterham CR3 6PB	01883 212911	www.pedricks.co.uk	The Pedricks shop in Caterham has a mainly organic food selection. There is also a small selection of fresh locally sourced fruit and veg produce. Plus some eggs and dairy, the milk (plastic free in glass bottles) is from Nutfield dairy. They have also recently introduced a delivery scheme (free delivery) so you can reduce your miles by not even having to drive to Caterham!! As an extra note they have a plethora of 'interesting' extras which don't necessarily fit one particular category eg, paper sticking tape, xmas gift or decoration ideas, bamboo toothbrushes and reusable lunchbox bags	Helen Squires, Rebecca Pickering

Natural Health products

Name	Address	Tel number	web site	Comments	Recommended by
Noah	Unit 4, South Parade, Stafford Road, Wallington SM6 9MJ	0208 647 1724		Independent supplier of organic and local produce; providing herbal remedies, supplements, natural bodycare & eco household goods.	Vaughan Pomeroy
Planta	30 Westow Hill, Upper Norwood, SE19 1RX	0208 761 3114	www.planta.co.uk	Principally healthcare and vitamin supplements supplier but a reasonable range of organic foodstuffs, on the triangle by Crystal Palace and parking can be problematic but does mail order	Vaughan Pomeroy
The Natural Way	10 High Street, Banstead SM7 2LJ	01737 371007	www.thenaturalwaybanstead.co.uk	Really helpful shop with good range of natural healthcare products. Some parking outside, does mail order	Vaughan Pomeroy
Epecially Health	119 High Street, Sevenoaks TN13 1UP	01732 741181		Large range of natural healthcare including vitamins and supplements. Owned by Planta	Vaughan Pomeroy

Ecological Homecare Products

Name	Address	Tel number	web site	Comments	Recommended by
Noah	Unit 4, South Parade, Stafford Road, Wallington SM6 9MJ	0208 647 1724		Independent supplier of organic and local produce; providing herbal remedies, supplements, natural bodycare & eco household goods.	Vaughan Pomeroy
Planta	30 Westow Hill, Upper Norwood, SE19 1RX	0208 761 3114	www.planta.co.uk	Principally healthcare and vitamin supplements supplier but a reasonable range of organic foodstuffs, on the triangle by Crystal Palace and parking can be problematic but does mail order	Vaughan Pomeroy
Especially Health	119 High Street, Sevenoaks TN13 1UP	01732 741181		Large range of natural cleaning fluids and products, including soap nuts. Growing range of refills available. Owned by Planta	Vaughan Pomeroy

Refilling and Zero waste

Name	Address	Tel number	web site	Comments	Recommended by
Especially Health	119 High Street, Sevenoaks TN13 1UP	01732 741181		Large range of natural cleaning fluids and products. Range of pulses, flours, dried fruit, nuts and seeds sold loose. Growing range of refills available. Owned by Planta	vaughan Pomeroy
Pedricks	41 Croydon Road, Caterham CR3 6PB	01883 212911	www.pedricks.co.uk	real zero waste shop selling a range of food and healthcare products with no packaging	Helen Squires, Rebecca Pickering
Pantry Project		07564 592368	www.pantryproject.co.uk	order, drop off your containers and wait for your delivery of refills, cooking ingredients, dried fruit, grains and cereals etc etc. Also household cleaning and tinned foods. Pick up and drop off hub at The Little Coffee Shop.	Rebecca Pickering
Horsham Repair Café	Quaker Meeting House, Worthing Road, Horsham RH12 1SL	7780701184	www.horshamrepaircafe.org.uk	refill service for eco-friendly cleaning products from major brands including Kingfisher toothpaste and Ecover	Rebecca Pickering
Ascension Church Balham Approved Foods	23 Marlwood Road, Balham SW12 8EN	0208 473 0120	www.parishcoffee.org https://www.approvedfood.co.uk	refilling of shampoo and conditioner, soaps and household cleaning fluids offers a wide range of surplus but still usable standard items, nothing beyond its use by date	Rebecca Pickering Rachel Smith

Recycling and Repurposing

Name	Address	Tel number	web site	Comments	Recommended by
Recycle4charity			https://www.recycle4charity.co.uk	can assign the 'donation' to any charity, takes printer cartridges and mobile phones	Vaughan Pomeroy
Jamies Computers	Southampton		https://jamies.org.uk	takes all computers and peripherals for responsible recycling and repurposing. All profits go to the biggest homeless charity in Hampshire. I take a car load down when visiting the university.	Vaughan Pomeroy
Horsham Repair Café	Quaker Meeting House, Worthing Road, Horsham RH12 1SL	7780701184	www.horshamrepaircafe.org.uk	repair service for various items, mostly small electrical, also specialist recycling including single use plastics.	Rebecca Pickering

Online shopping

Name	Address	Tel number	web site	Comments	Recommended by
Plastic Free	Newquay, Cornwall		https://www.plasticsfree.co.uk/why-plastics-free	Wide range of zero waste products for home cleaning, washing and personal use	Rachel Smith
Centre for Alternative Technology	Machynlleth, Wales		https://store.cat.org.uk	Range of eco-products for the home and garden, along with excellent books and educational gifts	Vaughan Pomeroy
Fattoria La Violla	Tuscany, Italy		www.laviolla.it	Straight from the farms, range of organic Italian wines, sauces, pasta and olive oil. Christmas and gift hampers. Delivered very quickly	Vaughan Pomeroy
Ethical Superstore	Marlow, Buckinghamshire		https://www.ethicalsuperstore.com	more or less everything	Alexander Lewis-Jones
Buy me once	London SE1		https://uk.buymeonce.com	buy for life clothing and homeware	Alexander Lewis-Jones
Oddbox			https://www.oddbox.co.uk	buy a box of veg and fruit that would go to waste direct from the farm	Helen Lewis-Jones
Alara Wholefoods			www.alara.co.uk	suppliers of muesli and porridge in ecologically sound packaging	Jeremy Davies
Charity web shops	Leprosy Mission,			Many charities offer ethical and environmentally-friendly products through the web shops. It is useful to check on countries of origin, think about transportation impact and about the working conditions of the people making the products. Most of the bigger charities are probably doing the due diligence checks.	