SUMMER SURPRISE

We at Emmanuel Church have put together this Summer Surprise for you to let you know that we still care about you, and we miss being able to spend time together in the usual Summer Rendezvous way.

This pack comes with our hope and prayer that it will be a real blessing to you and others if you can share it. You may not have tried some of the things before but have a go! The activities aim to help us all have fun, enjoy trying new things and give us food for thought, body, mind and soul.

Each day there is a pack for you to open and explore. There is also a suggestion of equipment you could add to make it even more practical for you. Take days or weeks over it – it is entirely up to you.

It doesn't matter if you can only do part of an activity. Let yourself be stretched. Perhaps you could do things with a neighbour or grandchildren or pass it on to someone who can use it.

If you want to get in touch with us at Emmanuel please do. Contact details are below.

Take care, stay safe and we hope to see you again when we are able to do so safely.





The Rendezvous Team

Emmanuel Church

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Each day there will be some paper puzzles and colouring activities.

You will get most out of this if you have:

- A pen
- A pencil and eraser
- A pack of colouring pencils and a pencil sharpener

Pages set out in landscape are designed to printed double-sided to make an A5 booklet.

Please note that for copyright reasons, the materials in this pack may only be copied for the purpose of supplying materials for Summer Rendezvous "At Home" for <u>Emmanuel Church, South Croydon</u>.



In addition, if you are printing this off for someone else, you may wish include these additional materials for the 5 days.

Day 1:

- PVA or similar 'school glue'
- A sheet of card about A4 size
- Scraps of coloured tissue paper or old magazine pages
- Scraps of string or colourful yarn
- A small piece of white card about credit card size

Day 2:

- A pinecone
- Peanut butter, or margarine and wild bird seed
- A piece of string/ribbon to tie up the pinecone
- A small notebook

Day 3:

- A small sewing kit, ideally containing some pre-threaded needles and some buttons
- 2 x 20cm pieces of elastic, if the participant wants to make a mask

Day 4:

- A plastic container with drainage holes in the base
- Compost to fill the container
- Lettuce seeds mixed varieties work well

Day 5:

- A small amount of modelling clay/playdough
- A tiny banner/signpost made from a piece of card stuck to a cocktail/lolly stick

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To make the most of this card, it would be good to look up the Bible references.

If you would like to contact us at Emmanuel Church, we are at:-Normanton Road, South Croydon, CR2 7AF. Tel: 020 8688 6676 email: office@emmanuelcroydon.org.uk

Produced by Audrey J Bell

For all the negative things we have to say to ourselves, God has a positive answer for it.

You say: Nobody really loves me.

GOD SAYS: "I love you."

John 3:16 & John 13:34

You say: It's impossible! <u>GOD SAYS</u>: **"All things are possible with Me."**

Luke 18:27

You say: I'm too tired. GOD SAYS: **"I will give you rest."**

Matthew 11:28-30

You say: I can't go on.

GOD SAYS: "My grace is sufficient."





God has



For every







You say: I can't forgive myself. <u>GOD SAYS</u>: **"I FORGIVE YOU."** 1 John 1:9 & Romans 8:1



You say: I can't manage. <u>GOD SAYS</u>: **"I will supply all your needs."** Philippians 4:19

You say: I'm afraid <u>GOD SAYS</u>: **"I have not given you a spirit of fear."** 2 Timothy 1:7

> You say: I am always worried and frustrated. <u>GOD SAYS</u>: **"Cast all your cares on ME."** 1 Peter 5:7

You say: I don't have enough faith. <u>GOD SAYS</u>: **"I've given everyone a measure of faith."** <u>Romans 12:3</u>



You say: I'm not smart enough. <u>GOD SAYS</u>: **"I give you wisdom."** 1 Corinthians 1:30

You say: I feel all alone. <u>GOD SAYS</u>: "I will never leave you or forsake you." Hebrews 13:5





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2 Corinthians 12:9 & Psalm 91:15 You say: I can't figure things out. GOD SAYS: "I will direct your steps." Proverbs 3:5-6 You say: I can't do it. GOD SAYS: "You can do all things through Christ." Philippians 4:13 You say: I'm not able. GOD SAYS: "I am able." 2 Corinthians 9:8 You say: It's not working out. GOD SAYS: "All things work together for good, for those who love Me." Romans 8:28

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