

SUMMER RENDEZVOUS At Home

He heals the heartbroken
and bandages their wounds.

Psalm 147:3

Answers to yesterday's quiz: BOOKS OF THE BIBLE

There are 30 books of the Bible in this paragraph. Can you find them? This is a most remarkable puzzle. It was found by a gentleman in an airplane seat pocket on a flight from Los Angeles to Honolulu, keeping him occupied for hours. He enjoyed it so much, he passed it on to some friends...One friend from Illinois worked on this while fishing from his John boat. Another friend studied it while playing his banjo, Elaine Taylor, a columnist friend, was so intrigued by it she mentioned it in her weekly newspaper column.

Another friend judges the job of solving this puzzle so involving, she brews a cup of tea to help her nerves. There will be some names that are really easy to spot. That's a fact. Some people, however, will soon find themselves in a jam, especially since the book names are not necessarily capitalized.

Truthfully, from answers we get, we are forced to admit it usually takes a minister or a scholar to see some of them at the worst. Research has shown that something in our genes is responsible for the difficulty we have in seeing the books in this paragraph. During a recent fund raising event, which featured this puzzle, the Alpha Delta Phi lemonade booth set a new record.

The local paper, The Chronicle, surveyed over 200 patrons who reported that this puzzle was one of the most difficult they had ever seen. As Daniel Humana humbly puts it, "The books are all right here in plain view hidden from sight." Those able to find all of them will hear great lamentations from those who have to be shown. One revelation that may help is that books like Timothy and Samuel may occur without their numbers. Also, keep in mind, that punctuation and spaces in the middle are normal. A chipper attitude will help you compete really well against those who claim to know the answers. Remember, there is no need for a mad exodus. There really are 30 books of the Bible lurking somewhere in this paragraph waiting to be found.

DAY 3

MY FIRST TROUSERS

I find it faintly amusing that my grandsons all wear long trousers. The oldest is in reception class and two are toddlers, but they all wear long trousers. I didn't at that age. All the way through primary school, we boys were sent to school in shorts, even when there was snow on the ground!



Even at grammar school, the rule was that first formers wore shorts – and for some of the taller boys that looked pretty silly with a school blazer, especially during the big freeze of '62. In the second form, boys were only allowed to wear long trousers if they were five feet tall. As a boy whom some teachers called "Tich", I languished in shorts for a further year. As the third form approached there was great excitement when my mother took me to buy my first pair of long grey trousers, ready for the new term. I still wasn't allowed to wear them, though, until the first day of term!

September eventually arrived, and on the first day of term, after school, I went out to play on my bike. How it happened I don't remember, but I fell off the bike and limped home with blood pouring out of my knee – and a hole in my trouser leg. Mum was more concerned about the trousers than she was about my knee, or so it seemed at the time!

From somewhere she managed to find a piece of grey cloth and sew a patch on. Thinking about it now, I wonder why she didn't sew a neat, square patch over the hole, but in fact she placed the patch behind the hole, making it more conspicuous. And so it remained until I grew out of the trousers, which at my rate of growth was quite a long time!

“Make do and mend” was a value and attitude that we were brought up with in the post-war years. If we got holes in our socks, Mum would darn them – and she had a special wooden mushroom-shaped device to put inside the sock and provide a surface to sew against. I wouldn't begin to know how to darn a sock. To be honest, if there's a hole in the toe, I just continue wearing them until there's a hole in the heel as well. Then it's time to throw the sock away. A case of “make do, not mend”. If I am going out to buy a pair of new shoes, or somewhere that I might be asked to take my shoes off, I try to remember to wear socks without holes!

The “make do and mend” philosophy applied to gadgets and electrical appliances, too. If something broke down my Dad would

either repair it or take it to a repair shop. Sadly, nowadays, when things go wrong it is often cheaper, in this country at least, to buy an entirely new gadget or appliance than to have it repaired.

I wonder whether TV programmes like “The Repair Shop” and “Money for Nothing”, where items rescued from a tip are made into something useful or beautiful, may signal a change in attitude. I hope so. But I suspect that, when I get round to telling them the story, my grandchildren will be astonished to discover that I never had long trousers until I was in year 9, and surprised that I wore them to school for a whole year with a patch in the knee!

Thank you for responding to me;
you've truly become my salvation!

The stone the masons discarded as flawed

is now the capstone!

This is God's work.

Psalm 118: 21 - 25



Worth a watch: ***The Repair Shop***

The current series may have ended but there may still be some episodes on BBC iPlayer or YouTube



GET YOUR FACTS RIGHT

Problems with Landfill Sites

Environmental Impacts:

Greenhouse gases: Biodegradable materials such as paper, card and textiles decompose without access to the air and release the greenhouse gases methane and carbon dioxide. One tonne of biodegradable waste produces between 200 and 400m³ of landfill gas.



Leachate: Leachate is poisonous liquid formed in a landfill site. As the acids from rotting waste react with other rubbish, the leachate can become toxic. If leachate escapes into groundwater and rivers it can cause dreadful pollution. Landfill sites are now tightly regulated to stop such pollution. This is done by lining the landfill site, but many older, unlined sites can still release leachates.

Air pollution: Landfill sites can cause many different types of pollution from their traffic, noise, dust and odour. People who live near landfill sites complain about the noise and the smell. Landfill sites account for between 10% and 25% of all the odour complaints made to local authorities.¹



Health impacts: the rotting organic waste attracts many animals and vermin. Landfill sites are often full of rats, foxes, crows and seagulls. Some of these animals carry diseases that can be harmful to humans.

¹ DEFRA p626 Review of Environmental and Health Effects of Waste Management: Municipal Solid Waste and Similar Wastes <http://www.defra.gov.uk/environment/waste/research/health/pdf/health-report.pdf>

Looking after our planet one small step at a time!

As you will know ... there is nothing new about

MAKE DO AND MEND!!!

We all throw things away because they need mending, creating landfill which damages God's Creation.

If you have a small sewing kit.

You could either:

Find some old clothing that needs mending and replace that button or re-stitch a split seam. Start wearing the item again or give it to a charity shop so that someone else can benefit from your work.

Or:

Use an item of clothing that is beyond repair to make yourself a simple face-mask. *Instructions included!*

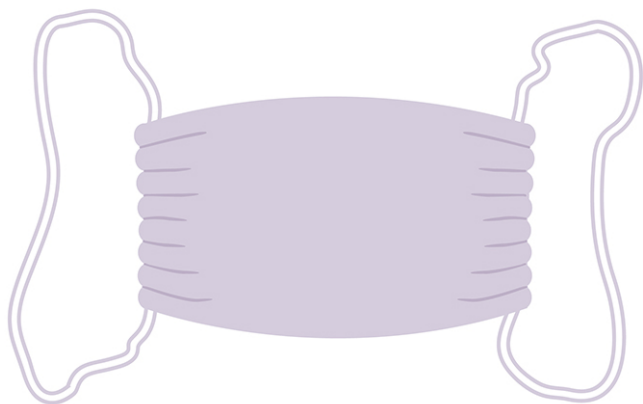
Or:

Use any glue left over from the collage to mend something – it works well on wood, fabric and card.

Go on! You have no excuse ... ask if you need help to thread the needles, and you have everything you need except that item of clothing that you will stop from going to landfill.

As you sew, think about any area in your life that you would like God to 'mend'. Pray for his healing.

Step 4: Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the covering on the elastic and adjust so the covering fits your face. Then securely stitch the elastic in place to keep it from slipping. These elastic loops fit over the ears.



Completed face covering, knots tucked in, cloth slightly gathered

Face coverings should not be used by children under the age of 3 or those who may find it difficult to manage them correctly. For example, primary age children unassisted, or those with respiratory conditions.

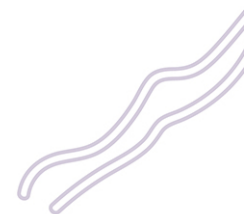
To make a simple face covering

You will need:

- two or three 25cm x 25cm squares of cotton fabric
- two 20cm pieces of elastic (or string or cloth strips)
- needle and thread
- scissors



Two squares of fabric 25cm x 25cm



Two pieces of 20cm elastic



Scissors



Needle and thread



Sewing machine (optional)

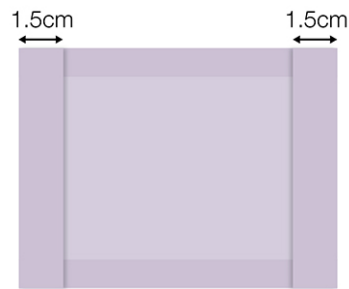
Items you need for a sewn cloth face covering

Step 1: Cut out 25cm x 25cm squares of cotton fabric.
Stack the squares on top of each other.

Step 2: Fold over one side by 0.75cm and hem, then repeat on the opposite side. Make 2 channels by folding the double layer of fabric over 1.5cm along each side and stitching this down.

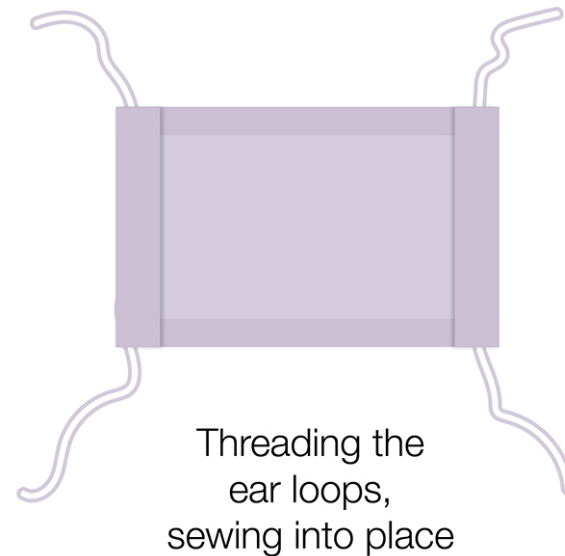


Fold over
the top and bottom
and hem



Fold over
the sides
and hem

Step 3: Run a 20cm length of elastic (or string or cloth strip) through the wider hem on each side of the face covering. These will be the ear loops. Use a large needle to thread it through. Tie the ends tightly.





Let hate be a stranger
Circle me LORD,
Let joy be my comfort
Let sadness be no more
Circle me LORD,
Let peace be my aim
Let conflict be resolved

GOD IS ABLE - Make a Word Sheet.

When difficult times come , bereavement, ill health, loss of job, mobility, sight or sound, loneliness etc it is easy to think there is no way you want to go on and yet God is able to take us through and not let it all overwhelm us. His word says in 2 Corinthians 9:8:-

“And God is able to make all grace abound to you....”

Will you ask Him to help you?

How many words of 3 letters or more can you make from the phrase:-

GOD IS ABLE.

1		18		35	
2		19		36	
3		20		37	
4		21		38	
5		22		39	
6		23		40	
7		24		41	
8		25		42	
9		26		43	
10		27		44	
11		28		45	
12		29		46	
13		30		47	
14		31		48	
15		32		49	
16		33		50	
17		34		51	



SOCCER SEARCH



3 LETTERS

CUT
RUN

MATCH
SCORE
TRAIN

SOCCER
TACKLE

STRIKER

4 LETTERS

BALL
BEAT
FAKE
FOOT
FORM
FOUL
GOAL
HEAD
KICK
LEAD
LOST
PLAY
TEAM
TRAP

6 LETTERS

ATTACK
CIRCLE
DEFEND
GOALIE
KICKER
RUNNER

7 LETTERS

CONTROL
DEFLECT
DRIBBLE
FORWARD
HOLDING
OFFSIDE
REFEREE

8 LETTERS

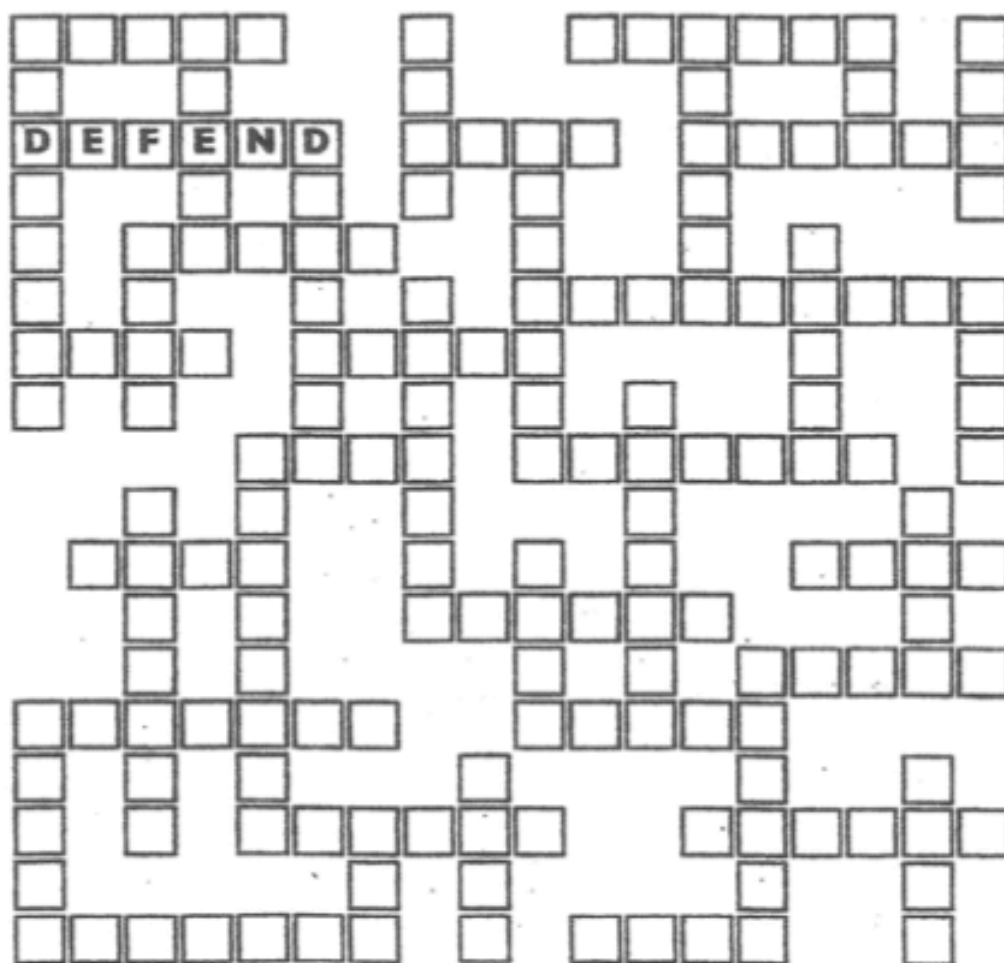
HALF-BACK
MIDFIELD

9 LETTERS

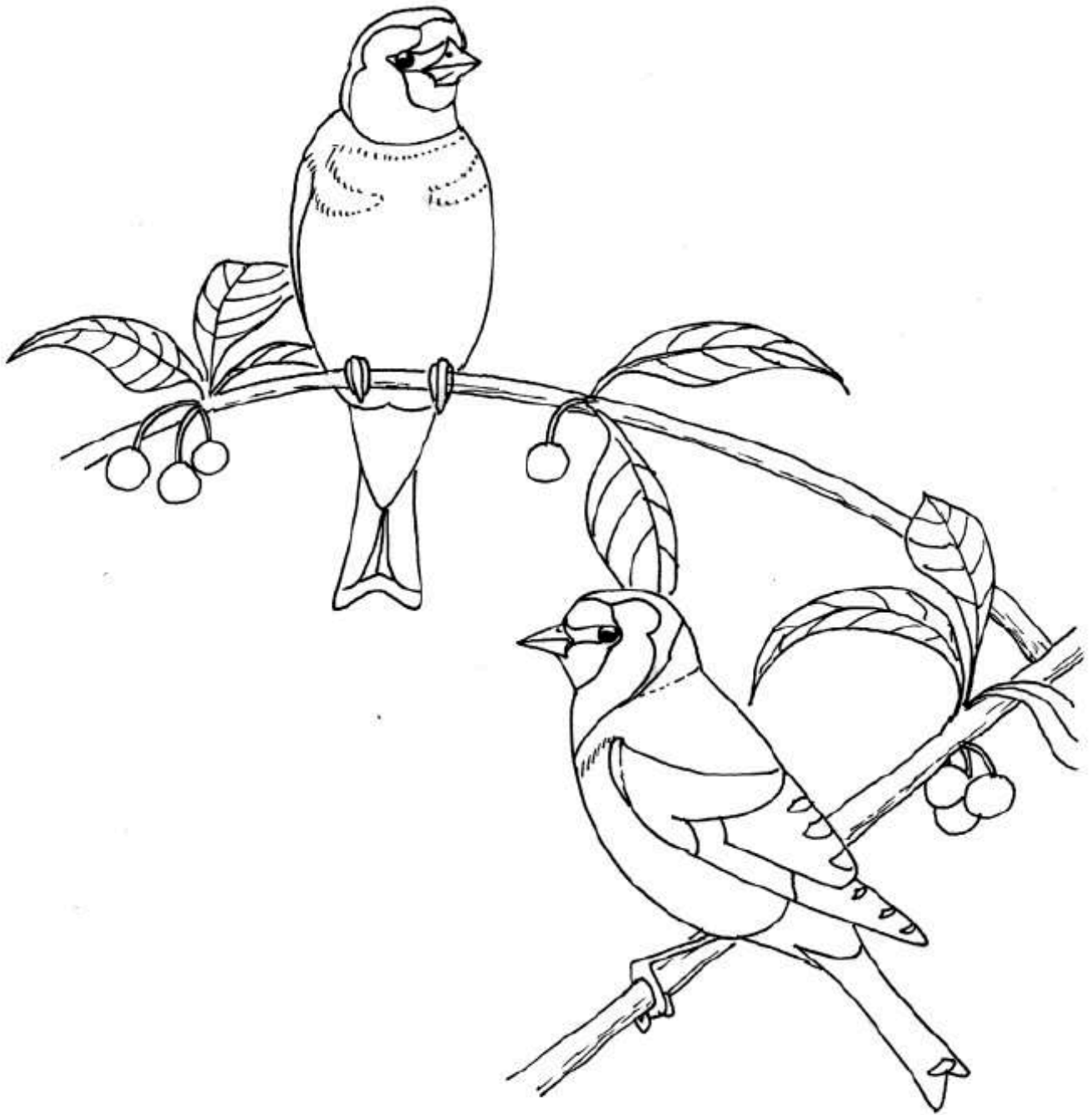
INTERCEPT

5 LETTERS

AGILE
BLOCK
CLEAR
EXERT
FIELD



Do we do enough exercise? If we can't do what we used to, what new forms of exercise might we try?



Goldfinch

