## **Bindweed**

Welcome to our reflection for Church without Walls

Here are some ideas of how to use these reflections:

Pray that God will lead your thoughts.

Sit comfortably, take a few deep breaths and relax.

Let your mind wander as you read the reflection. Write down your thoughts in a notebook. If you are busy, try and pick out something to take with you in odd moments during the day.

You may wish to memorise the Bible verse. Write it out and stick it up somewhere.

## **Bible Verse**

And now, just as you accepted Christ Jesus as your friend,
you must continue to follow him.

Let your roots grow down into him, and let your lives be built on him.
Then your faith will grow strong in the truth you were taught,
and you will overflow with thankfulness.

Colossians 2:6-7 NLT

## Reflection



As I went out into the garden the other day I saw glorious white flowers reaching for the sky. They lifted my spirit. And yet I know the danger they are to my other plants as the bindweed strangles and smothers them.

I always struggle with pulling out the bindweed because I love the flowers and yet I know it has to be done. Once I start to disentangle the bindweed I forget the beautiful flowers and become determined to try and eliminate the roots. However, the roots growing underground are difficult to trace and every year I fail and the bindweed returns.

Are there things we need to uproot in our lives? We want to say goodbye to them and yet they return like my bindweed because we have not dealt with the root cause. The roots of the bindweed lie dormant in the winter just as many of our root causes can do for many years until something brings the problem to the surface again. We need to have good roots that grow deep into Jesus.

Maybe you have an addiction that looks beautiful on the surface like the white flowers, but it is unhealthy for you and is preventing you from being the person that God wants you to be. Is anything strangling you?

Are you doing something beautiful for God? You have become knowledgeable in that area. You have seen beautiful flowers. Your roots are in Jesus. But perhaps now is the time for you to let go of that area of your life? Perhaps you have been uprooted already in your job. There will be or is a sense of loss and perhaps anger. But in that space someone or something new will grow and bear flowers.

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