

Walking beneath a Cliff

Welcome to our reflection for Church without Walls

Here are some ideas of how to use these reflections:

Pray that God will lead your thoughts.

Sit comfortably, take a few deep breaths and relax.

Let your mind wander as you read the reflection. Write down your thoughts in a notebook. If you are busy, try and pick out something to take with you in odd moments during the day.

You may wish to memorise the Bible verse. Write it out and stick it up somewhere.

Bible Verse

For day after day they seek me out; they seem eager to know my ways, as if they were a nation that does what is right and has not forsaken the commands of its God.

They ask me for just decisions and seem eager for God to come near them.

(Isaiah 58:2)

Reflection



I stand at the foot of the white cliff.

On my left it towers up above me. Steep. Unclimbable.

To the right is the open sea. It is impossible to see land. The sea is endless.

In front of me is the path I am travelling on. It is safe. At times the wind blows in my face making it harder to walk.

As far as I can see the path lies between the cliff and the sea, except for an opening not far away. Should I take it? Is this a new opportunity or an escape from reality? Am I trapped?

But what happens when the path ends? Do I need somehow to climb the cliff?
Do I need to find some confidence to dive into the sea not knowing where it will
take me?

Do I turn round and remain trapped between the cliff and the dark blue sea?

In the Bible verse above God complains to Isaiah about the shallowness of his
people's commitment to him. Maybe we could turn it round into a prayer for
ourselves, like this:

*For day after day we seek You out; We seem eager to know Your ways, as if we were
a nation that does what is right and has not forsaken the commands of its God.
We ask You for just decisions and seem eager for God to come near us.*

Jerica Davies