



BIBLE READING NOTES

REMEMBER

PREPARE

Our Easter services have looked at themes of feeling afraid and wondering what is going on. How and when are you feeling these emotions at the moment?

BIBLE PASSAGE

5 In their fright the women bowed down with their faces to the ground, but the men said to them, “Why do you look for the living among the dead? 6 He is not here; he has risen! **Remember** how he told you, while he was still with you in Galilee: 7 ‘The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again.’8 Then they **remembered** his words.’(Luke 24 vv 5-8)

EXPLORE

The angels reminded the frightened women ‘**Remember** how he told you.’ Look at these verses to **remember** some of the promises God has given us.

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged. (Deuteronomy 31 v 8)

‘Though the mountains be shaken, and the hills be removed, yet my unfailing love for you will not be shaken, nor my covenant of peace be removed’ says the Lord (Isaiah 54 v 10)

If the Son sets you free, you will be free indeed. (John 8 v 36)

Can you think of any more favourite verses or promises to hold on to at this time?

In verse 8, the women finally **remember** Jesus’ words. Why do you think they hadn’t **remembered** them before? Think about the effects that fear can have on our faith.

RESPOND

Why not take one of the promises we looked at earlier, or one you particularly like from the Bible, and learn it by heart this week? You could put it somewhere prominent or commit to praying through it every morning or evening, or when you feel afraid.





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PRAYER

At Easter, we **remember** the fulfillment of the promises of God in the death and resurrection of Jesus.

Thank God that we are reminded that in the darkest times, God is working for our good. Praise him that because of this, we have the hope of a living Saviour today who has not abandoned us, but who continues to remind us of his word to us.

